



ORTHODOX CHURCH IN AMERICA
ST. LUKE ORTHODOX CHURCH

10700 SOUTH KEAN AVENUE PALOS HILLS IL., 60465
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March 15, 2020

SECOND SUNDAY OF GREAT LENT
Sunday of St. Gregory Palamas

Today.....8:15 AM Matins, 9:30 AM Liturgy
Wednesday 6:30 PM Presanctified Liturgy @ Sts Peter & Paul OCA
Friday.....6:30 PM Salutations of the Theotokos
Saturday.....5:30 PM Great Vespers
Sunday.....8:15 AM Matins, 9:30 AM Liturgy

One must be Baptized and Chrismated an Orthodox Christian to receive Holy Communion. Guests are invited to receive a blessing at the chalice and partake of the Post Communion bread (Antidoron)

Private or Communal Confession is required if you wish to receive Holy 10 communion each Sunday.

MATINS GOSPEL #6.....Luke 24: 36-53

EPISTLE READING.....Heb 1: 10-2:3

GOSPEL.....Mark 2:1-12

A reminder from Fr. Paul: Please do your best to arrive at the Liturgy on Sunday morning on time. The prayers of the Liturgy are not only beautiful, but needful for the healing and illumination of the soul. Those who are late arriving during the Gospel Lesson should wait in the Narthex until the gospel is finished. Please

Troparion of St. Gregory Palamas — Tone 8

O light of Orthodoxy, teacher of the Church, its confirmation, / O ideal of monks and invincible champion of theologians, / O wonder-working Gregory, glory of Thessalonica and preacher of grace, / always intercede before the Lord that our souls may be saved.

Kontakion of the Second Sunday — Tone 4

Now is the time for action! / Judgment is at the doors! / So let us rise and fast, / offering alms with tears of compunction and crying: / "Our sins are more in number than the sands of the sea; / but forgive us, O Master of All, / so that we may receive the incorruptible crowns."

LAST SUNDAYS ATTENDANCE

Adults 83 Youth 23 + Chapel 28 = 132

Are you prepared to receive Holy Communion?

"But let a man examine himself, and so let him eat of the bread and drink of the cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. (1Cor.11: 28,29)

Bulletin: sponsored by the Johnson Family for the health and welfare of family and in memory of departed family.

Vigil Candle: donated by Luba Johnson in Memory of victims of the tornado in Tennessee. Memory Eternal

Altar Bread: donated by Esther Poulos in memory of George and for the welfare of all family members.

COVID 19 VIRUS: We will be following the guidelines of the CDC and the Holy Synod of the Orthodox Church in America as outlined in the letter sent by Fr. Paul yesterday

SOUTHWEST ORTHODOX CHURCHES: future presanctified Liturgy schedule - March 18, 6:30 PM @ Sts. Peter and Paul OCA, / April 1, 6:30 PM @ Sts. Peter and Paul, Ukrainian, / April 18, 6:30 PM @ St. Mary, Antiochian

YOUNG ADULT MINISTRY: We are pleased to announce that our St. Luke Young Adult Ministry is up and running! Our first gathering took place on Feb 15th. Our Young Adults are studying CS Lewis' book "The Screwtape Letters." For future gatherings and more information contact ajbarrett64@gmail.com.

PRAYER MINISTRY: Prayer cards are available at the candle desk for special intercessions for family & loved ones

DEANERY MISSION SERVICES: the service were canceled because of the Covid 19 virus. As of now the service for the beginning of Holy Week will take place at Holy Trinity cathedral a 6 PM on April 12

CHURCH BUILDING CLEANUP: We need your help to clean the church to prepare for Pascha. Windows need to be cleaned and woodwork polished. Give a day to the Lord. April 4, 9 AM

SUNDAY BULLETIN / VIGIL CANDLE : you are welcome to Sponsor both the Sunday Bulletin and / or the Weekly Vigil Candle. Sponsor for a month: \$30.00, or for one week: \$15.00. If you would like to do this in remembrance of a family member contact lubaj@hotmail.com.

IOCC HOME BUILD: Rebuild in Key West, FL: Join Fr. Howard and Michaelyn Sloan. Volunteer for a week to help individuals and families. You don't need to be skilled—just energetic! You must be 18 years old or older. Provide your own transportation to/from the Home build Team location \$100 covers all your costs DATES: March 16-21, contact michaelynsloan@gmail.com

SUPPORT GROUPS: Co Dependents Anonymous. (CODA) Meets Sundays 5:30 Alcoholics Anonymous meets Wednesday 7:30 PM, Thursday 8PM



Volunteers Needed

Help IOCC Rebuild in Key West, FL

Join Fr. Howard and Michaelyn Sloan this March! Volunteer for a week to help individuals and families move toward long-term recovery.

REQUIREMENTS & COST

- You don't need to be skilled—just energetic!
- You must be 18 years old or older.
- Provide your own transportation to/from the Homebuild Team location (to Key West or Miami)
- \$100 covers all your costs on the ground (room/board & local transportation)

DATES

- Key West, FL - March 16-21, 2020

Go to iocc.org/homebuild for current build openings

For more information contact Mic Sloan, michaelynsloan@gmail.com

"It was a week filled with hard work and love. This was one of the most humbling experiences of my life. I loved everything about this trip and I can't wait to do another one next year."

- 2019 Action Team Participant



INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES

Ministry Duties

Reader.....Caye Caswick
Next Week: Youth
Greeter.....Chuck Bern/George Evangelopoulos
Next week: Dennis Dandeles/Matthew Potter
Coffee Fellowship.....Cancelled
Next Week: Canceled until April ?
Safety.....Stephen Hansen
Next Week: Dennis Dandeles
Altar servers: all boys are invited to serve on Sunday

BIRTHDAYS/ANNIVERSARIES

- ☺ 3/15 Svetlana/Bill Lynch,
- ☺ 3/17 Julia Wojcik,
- ☺ 3/20 Paul Kostopanagiotou,
- ☺ 3/21 Nicholas Lynch,



PROGRAM FOR THE HOMELESS - BEDS PLUS

St. Luke Orthodox Church Homeless Program
This week we need help during the 1st, 2nd and 3rd shift.

- Monday night, 6:15 pm -11 pm (first shift)
- Monday night, 10:45 pm - 3 am (second shift)
- Tuesday morning, 2:45 am - 7 am (third shift)
- Tuesday morning, 6 am - 8:30 am (fourth shift)

Sign up online at <https://www.signupgenius.com/go/409084da5aa28aafc1-volunteer1>

Contact macrina1054@gmail.com or call (630) 296-7520.

Last Mondays homeless guests: 17 Adults, 0 children = 17

Food team last week: Nucor Tublar Inc.

Volunteers: 14, total volunteer hours 41



ST. JOHN ORTHODOX CHAPEL

An outreach of St. Luke Orthodox Church

112 Church Street, New Lenox 630-638-9462

New website (www.saintjohnofchicago.com)

Facebook — www.stjohnkochurov.com

Matins 9 AM, Hours 9:50, Liturgy at 10 AM
Canon of Repentance Wed . 7 PM with spiritual support group following. Discussion on Christ as Priest
- Bible text Heb 4:14-5:6

Prophora is donated by Emily Duracka for healing and for the good health of the Family

FOOD FOR OUR FOOD PANTRY

<https://www.facebook.com/ShareFestWillCounty/>